



2023



ANNUAL REPORT



Why is Able Faith so Important?

Life-changing programs that help people affected by neurological disabilities live to the fullest and help others do the same are only meaningful if they reach those who need. As a result, Able Faith places access, care, and community at the core of our commitment to helping people with neurological disabilities become more active, more engaged, and better supported. We partner with donors, caregivers, and those with disabilities to give the gap between life after diagnosis and what's needed when everyone returns home.

Testimonials

"I was put in touch with this organization through a friend, and if only we had known about it sooner. Without even meeting us or wanting to know anything about Jared and his accident, they wanted to know how they could help. The founder and some of its community members got in touch with me, and donated the standing frame to us, along with some other supplies that Jared needs and uses daily. Some of the women that have reached out to me to offer support and shared experiences and just helpful information with our journey with Jared. (The 'J' ladies, Joy, Julie and Jennifer and founder Jose)."

"The environment at Able Faith provides the ability to share the "Good News" and change people's lives." – R. N.

"Wow, the Able Faith Center is amazing, and the programs provided are amazing. So many people are blessed thanks to Able Faith!"

"I love coming to Able Faith for events and neuro-training because of the welcoming atmosphere and friendly people who can relate to my condition."

"Oh, my goodness, thank you guys so much for the respite dinner. I truly appreciate it I have been struggling & being sick is not helping. Thank you so so much for a much needed break."



"Able Faith's growth and impact is remarkable. Honestly when I think back just two years ago when I first heard the vision to now is just amazing. Praise God! So thankful for what is happening as a caregiver of loved one benefits greatly from Able Faith."

"Thank you for the quality-of-life grant to help me pay for food this month after my hours were cut at work. It really means a lot."



"I experienced an excellent workout and felt truly at home for the first time in a while."

"I love that and you are truly being Jesus to everyone who walks through your door!"

"Thank you for this great facility where I can continue to improve my recovery."



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LETTER FROM THE FOUNDERS



RILEY SPROWL
CO-FOUNDER



JOSE MARTINEZ
CO-FOUNDER

For the last 3 years, Able Faith has been dedicated to making a positive impact in the lives of individuals affected by neurological disabilities. With your unwavering support and collaboration, we have achieved significant milestones and made meaningful strides toward our mission. Thank you!

Last year, we saw remarkable progress in our efforts. With the opening of the Able Faith Center, the addition of a Certified Special Populations Trainer, and an Occupational Therapy Intern, Able Faith grew its services beyond expectations. The number of families who visited or participated in Able Faith programs and services continues to grow, reflecting the critical need for support in our community. Through our grassroots programs and initiatives, we have been able to provide essential resources, care, and community. It's great seeing others receive the community and support that we envisioned.

One of our key successes has been in expanding our programs to include Group Training, Monthly Events, and Fun Fridays. Our efforts have resulted in increased participation and empowered individuals who are fully re-engaging with their families and communities again.

In addition, our commitment to fostering a supportive community for individuals with neurological disabilities has remained steadfast. Through partnerships with caregivers, donors, and advocacy groups, we have worked tirelessly to bridge the gap between diagnosis and post-diagnosis support, ensuring that individuals receive the comprehensive care they deserve. This remains an ongoing need and an essential priority for Able Faith.

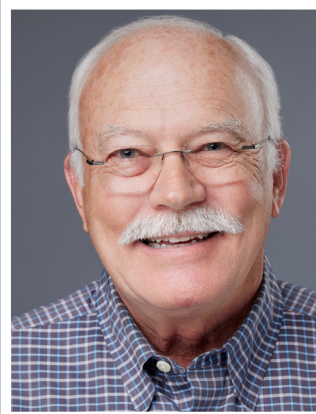
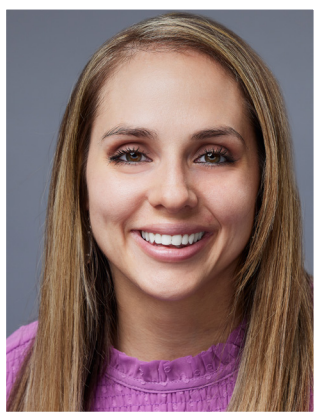
Despite the challenges we may face along the way, we remain resolute in our dedication to improving the lives of individuals with neurological disabilities. Together, we will continue to innovate, collaborate, and advocate for greater awareness and support for this deserving community.

We've just gotten started, and we're excited to see what God will do next.



MEET OUR TEAM

Board of Directors and Staff



RILEY SPROWL
BOARD CHAIR

SHERRI OFFILL
SECRETARY

CHRIS OFFILL
TREASURER

JOSE MARTINEZ

BETHANY BROWN

BILL BENTON

BRUCE PATEL

EMILY POWELL

JIM HEMSWORTH

MIKEAL MILLER

REENA PATEL

HAYES ENGHOLM

ABOUT US



Able Faith provides **COMMUNITY** and **LIFE CHANGING PROGRAMS** for people with neurological disabilities and their caregivers.



VISION

We envision a future where every individual, regardless of physical capability, embraces impactful activities that not only shape their own lives but create positive ripples for others. Through our dynamic programs, we forge a transformative space where individuals and their caregivers not only survive but truly thrive together.



MISSION

Able Faith provides community and helps people affected by neurological disabilities become more active, more engaged, and better supported to live to their fullest and help others do the same.





OUR VALUES

01

Be Bold & Think Big

We exist to create change, do things differently, and harness our creativity and innovative thinking to tackle critical issues and solve problems.

02

Missional Living

We understand that the vision of Able Faith is bigger than the individuals. We see our role as a mission and are dependable, trustworthy, and passionate about accomplishing it.

03

Relevant Environments

We create programs, resources, and initiatives that are relevant and adaptable for our audiences so we're able to increase community, build confidence, and enhance engagement.

04

Caring and Generosity Are Our Core

We are compassionate and generous while being good stewards of our resources. We listen, sense, and take care of others and support one another.

05

Dependent On God

We understand that our faith undergirds everything we do. We incorporate it in how we work without causing offense to those who don't believe the same.

06

Strategic Service

Although we all have roles, we pitch in wherever we see a need and are needed, even when it's uncomfortable. We exist to serve others.

07

Live It Out

We live in community and constantly grow, develop and stretch ourselves. We seek to be physically and mentally healthy and maintain a positive outlook as we serve others



Able Faith HISTORY

2013

2016

2020



Riley's Story

On December 11, 2013, Riley Sprowl, co-founder of ABLE Faith, faced a life-altering sledding accident at the tender age of 16, resulting in paralysis from the neck down. The unwavering support from family, friends, and the community became the bedrock of his remarkable recovery.



Jose & Riley Meet

Enter Jose Martinez, ABLE Faith's co-founder and a pivotal figure in Riley's journey. Their paths converged at a neuro activity-based training center, where Jose served as an Activity-Based Therapist. Over four years, he played a crucial role in enhancing Riley's strength, independence, and overall quality of life.



Able Faith is Born

Riley and Jose, driven by a shared vision, founded ABLE Faith. Recognizing a common thread among their clients – those with a robust faith and supportive community exhibited a remarkable ability to reintegrate into society despite their physical challenges. ABLE Faith, emerged as a beacon of hope for individuals with neurological disabilities and their caregivers.



Able Faith HISTORY *(continued)*

2021



First Able Faith Golf Tournament



2023



Able Faith Center Dedication

Surrounded by friends, family, and supporters from the community, Riley and Jose cut the ribbon for the Grand Opening of the Able Faith center and begin the next chapter of living out their vision to serve the community.



2023 HIGHLIGHTS

EVENT HIGHLIGHT

GOLF TOURNAMENT FUNDRAISER



3rd Annual Able Faith Golf Tournament
Monday, October 16, 2023

Bridges Golf Club
Gunter, Texas

\$51K FUNDS RAISED

125 GOLFERS

25 VOLUNTEERS



2023 HIGHLIGHTS *(continued)*



EVENT HIGHLIGHT

BOOTS & BBQ

The Able Faith Center
Grand Opening



Grand Opening & Fundraiser
Saturday, May 20, 2023

Attendees: 85
Volunteers: 20
Funds Raised: \$12,500





2023 HIGHLIGHTS *(continued)*



8 Quality of Life Grants

100% increase of grants awarded from 4 recipients in 2022 to 8 recipients in 2023 with around a 20% increase in funds provided.

Provided over \$8,000 worth of medical supplies and adaptive exercise equipment.



8 Socials

100% increase in socials from 4 in 2022 to 8 in 2023.



8 Bible Studies

40% increase in Bible Study attendance



8 Fun Fridays

45 participants for Fun Friday Lunches.



8 Respite Dinners

30+ meals provided for caregivers and their families.



833 Hours of Training

Since June Able Faith has provided 833 hours of training including \$38,010 worth of specialized exercise training at minimal to no cost to our community.

1-on-1 Training: 101 Hours

Small Group Training: 442 Hours

NeuroGym: 290 Hours



Able Faith Ambassadors visited with bed ridden members in multiple cities including Oklahoma City, Gainesville, and Forney.

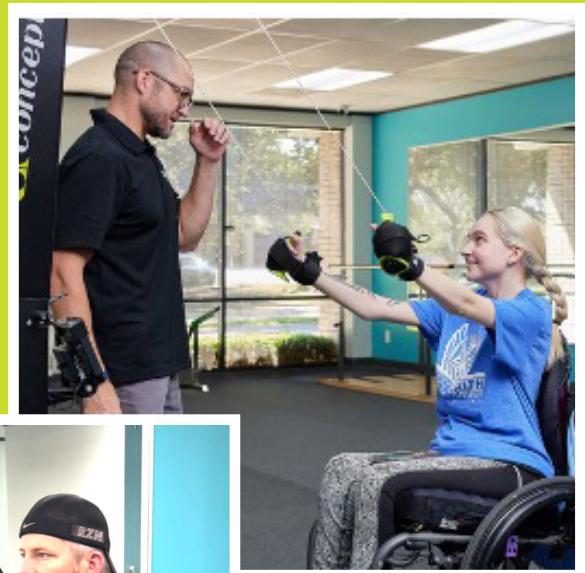
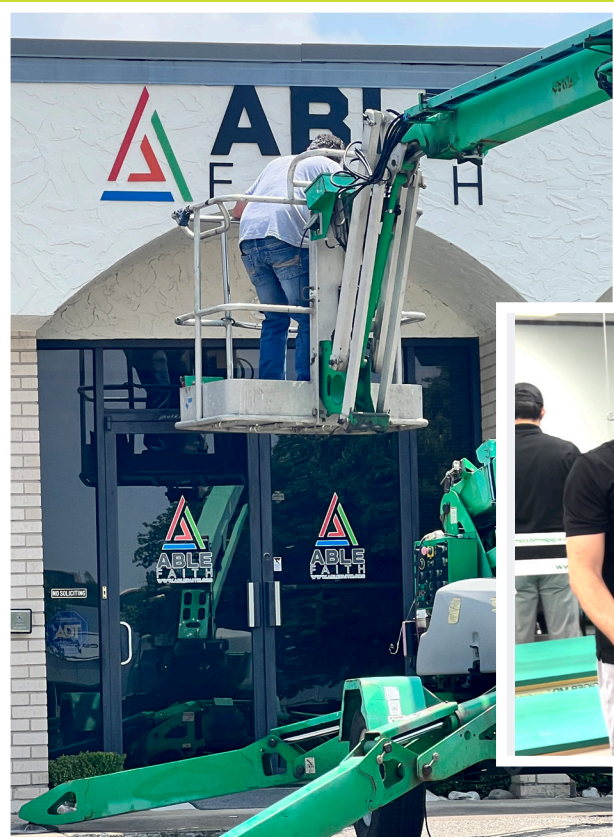


2 Fundraisers

Boots & BBQ: Able Faith Grand Opening
Golf Tournament



The ABLE Faith Center



The Able Faith Center serves as the operational and programmatic epicenter of our organization, dedicated to enhancing the lives of individuals with neurological disabilities and their caregivers. Beyond its function as an administrative headquarters, the facility is a dynamic environment designed to facilitate support, engagement, and empowerment.

The center's architecture and interior layout have been developed to ensure full accessibility, promoting ease of use for all visitors. It houses a training facility equipped with state-of-the-art assistive technologies, enabling us to conduct a wide array of rehabilitative and skill-building programs.

The Able Faith center hosts monthly events, which are integral to our community outreach and support initiatives. These events are tailored to foster inclusivity and provide connection opportunities in a setting that encourages social interaction and community building.



PROGRAMS & SERVICES



CONNECTION EVENTS

A welcoming space to increase courage, build confidence, and connect with others. Able Faith events are designed to provide a sense of community and offer a solution to the social stigmas that can accompany physical disabilities.



QUALITY OF LIFE GRANTS

Financial support for people in the Able Faith community who are experience a hardship paying for necessary expenses, including but not limited to, medical supplies, adaptive medical equipment, or unexpected life events. Eligibility requirements apply.



RESPITE CARE

A night off for caregivers from shopping for groceries, cooking, and washing dishes and allows for some much-needed personal time. This is provided through “Share the Care” or Respite family-style dinners.



ADAPTIVE TRAINING

Specialized training for individuals facing neurological disabilities aimed at increased mobility and increase independence. A wholistic approach to empower both the mind and the body, while allowing caregivers a mini-reprieve.



SOCIAL OUTINGS

Designed to help combat the isolation that people with physical disabilities and their caregivers can experience from not connecting with others in the community. The outings provide opportunities to connect with others and build lasting relationships to help encourage one another.



INSIGHTS & SOLUTIONS

THE PROBLEM

Living with a neurological disability comes with a spectrum of challenges that extend far beyond paralysis. Including, but not limited to:

- Chronic pain
- Organ dysfunction
- Respiratory complications
- Mental Health Struggles

THE OBSTACLES

Living with a neurological disability entails a complex interplay of physical, social, and financial obstacles. Including, but not limited to:

- Limited Employment Opportunities
- Economic Instability
- Adaptive Equipment & Home Modification
- Discrimination in Education and Community Life

THE OUTCOME

Able Faith exist to provide direct and indirect access to resources and support via solutions that:

- Support Caregivers and offer respite
- Foster Connection and bring people together
- Empower individuals to actively participate in their care
- Combat isolation and mental health issues

332,000

People in the US area have a disability that affects their mobility

16-30

years of age is when more than half of neurological disabilities occur

28%

of households with a person who is paralyzed make less than \$15,000 per year

44%

of Americans with a disability have depleted ALL of their savings

57%

Shared that their disability caused emotional and psychological problems like anxiety, depression, and suicidal thoughts

70%

Family members who are caregivers report depression, sleeplessness, and back problems



2024-2027 STRATEGIC PLAN

RALLY AROUND OUR FAMILIES

Be the steadfast support for the DFW area neurological disabilities community by providing programs and events that offer emotional, financial, and spiritual assistance post-diagnosis. (Be the Van Alostne for the Able Faith Community)

INSPIRE CONFIDENCE, IGNITE CHANGE

Activate individuals with neurological disabilities and their caregivers to prioritize community living. Foster an environment that encourages connection, providing tools and resources to enhance engagement. Our ultimate goal is to build confidence, empowering them to reintegrate into the world and give back to others.

LEAD THE WAY

Pave the path as trailblazers, serving as a model for the establishment of similar places nationwide. Convene with others to share insights, best practices, and emphasize how our faith underpins every aspect of our work. Let's together create a blueprint for inclusive and supportive communities.

AWARENESS

1. Evolve communications strategy to create consistent experiences for our target audience
2. Use data and storytelling to build awareness of the issues for our target audience
3. Leverage the building to generate interest in AbleFaith, its services and programs
4. Utilize social media to connect with like-minded groups beyond the DFW area
5. Build booklets with systems and lessons learned for similar groups
6. Work with local universities and hospitals to build relationships and gain support

ENGAGEMENT

1. Activate the engagement funnel by using the facility for programs and training services to build trust with target audiences to increase community involvement
2. Engage and equip the board to become ambassadors for the Able Faith mission
3. Determine our role in advancing advocacy for neurological services from commercial and state payers
4. Seek out mentoring and training from other leaders and like-minded individuals to help grow the Able Faith footprint

FINANCIAL SUSTAINABILITY

1. Strengthen funding and develop a grant-seeking approach with organizations interested in supporting the Able Faith community
2. Develop and execute corporate and individual giving strategies focused on each key audience and their unique needs
3. Create a culture of philanthropy among board members and staff
4. Deliver and communicate impact and value to existing donors
5. Continue to explore earned revenue models
6. Build a relationship with a social worker and counselor to provide support services and insights for Able Faith

OPERATIONS

1. Maintain facility and 6 months of operating revenue at all times
2. Establish a culture that supports the values of Able Faith and fosters a sense of belonging
3. Implement caregiver support services, supported by effective programs that add value to caregivers
4. Conduct a minimum of two social outings per year to foster engagement outside of the facility
5. Build a strong volunteer network to build and grow the organization
6. Create a system of policies and procedures to ensure interaction with Able Faith, the facility, and its staff is a great experience for all



ACHIEVING OPERATIONAL EXCELLENCE

Establishing the Foundation For Our Future



1. Maintain the Able Faith facility and maintain six months of operating revenue.
2. Foster a culture that supports the values of Able Faith and fosters a sense of belonging
3. Implement caregiver support services, supported with effective programs that mean something to the caregiver.
4. Conduct a minimum of two social outings per year to foster engagement outside of the facility.
5. Establish a roster of strong volunteer support to build and grow the organization.
6. Create a system of policies and procedures to ensure interaction with Able Faith, the facility, and its staff is a great experience for all.



FINANCIAL SUMMARY

REVENUE

Charity Golf Tournament	\$51,852.16
Donations	\$156,101.42
Training Fees	\$9,787.11
Training Revenue: Donated	\$15,000.00
Total Revenue	\$232,740.69

EXPENSES

Advertising & Marketing	\$15,592.44
Bank Charges & Fees	\$33.63
Car & Truck	\$206.57
Depreciation Expense	\$11,027.18
Exercise Equipment & Supplies	\$2,305.15
Golf Tournament Fundraising Expenses	\$14,241.99
Insurance	\$4,498.31
Legal & Professional Services	\$1,498.71
Licenses/Memberships	\$1,279.20
Meals & Entertainment	\$148.29
Office Supplies & Software	\$5,510.21
Payroll Tax Expense	\$1,807.40
Payroll--Trainer	\$18,243.81
Program Expenses	
- Caregiver Program	\$1,186.68
- Fellowship Meals	\$2,018.35
- Individual Self Help	\$399.99
- Quality of Life Grant	\$5,473.99
- Respite Dinners	\$1,170.10
- Social Outings	\$5,838.33
- Transportation Expense	\$270.86
Total Program Expenses	\$16,358.30
Rent & Lease	\$15,630.38
Repairs & Maintenance	\$4,285.47
Shipping, Freight & Delivery	\$114.95
Small Office Decor & Fixtures	\$242.13
Storage Rental	\$3,053.20
Supplies	\$327.86
Trainer Fees	\$4,470.00
Utilities	
- Electricity	\$10,985.56
- Internet Service	\$2,279.76
- Video Services	\$1,402.20
Total Utilities	\$14,667.52
Total Expenditures	\$135,542.70
Net Revenue	\$97,197.99

ABLE FAITH CONTENT STRATEGY

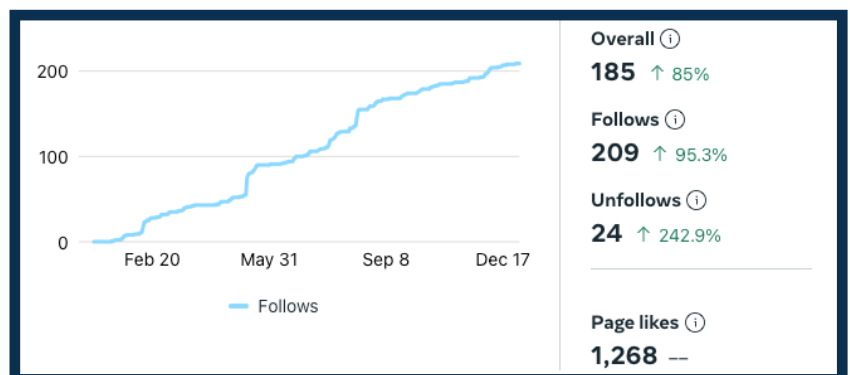
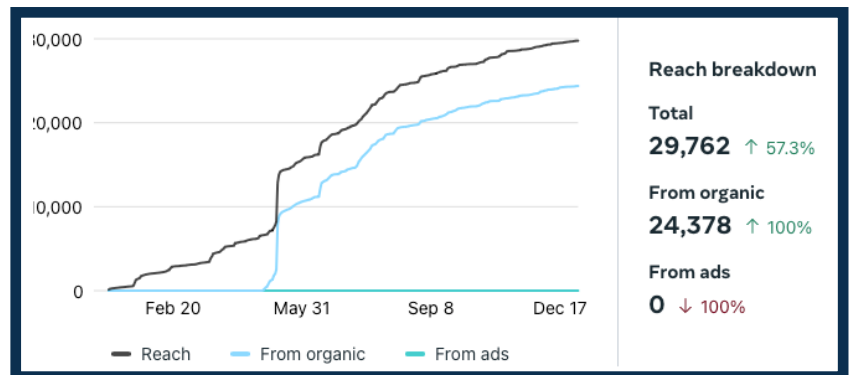
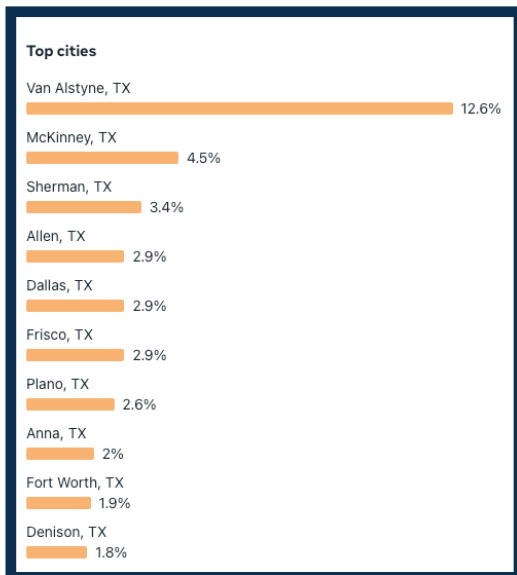
Able Faith incorporates written and visual content to foster meaningful engagement and virtual connection. Content provides inspiration, education, and organizational awareness.

CONTENT PLATFORMS:

- Able Faith Monthly Newsletter
- Able Faith Blog
- LinkedIn
- Instagram
- Facebook
- YouTube



METRICS | ENGAGEMENT | CLICK-THROUGHS
AUDIENCE | DEMOGRAPHICS



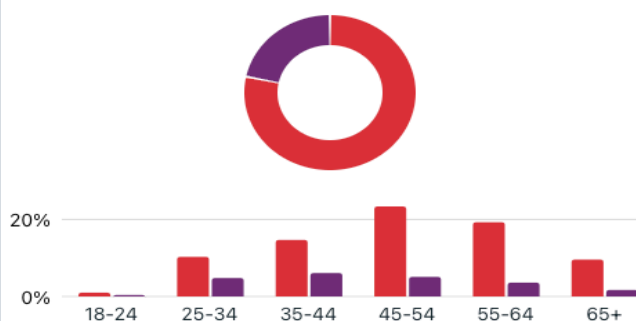
Facebook Visits: 6,397 +136%

Facebook Followers: 1,332

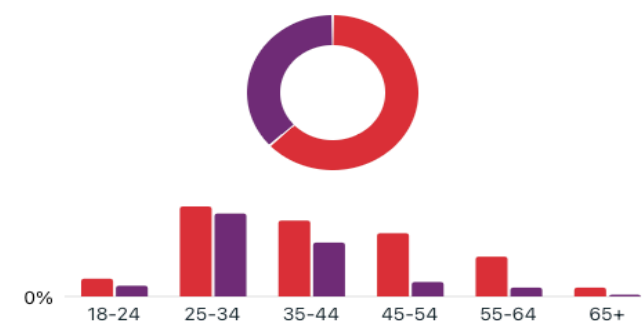
Facebook Visits: 914 +78.5%

Instagram Followers: 305

Age & gender



Age & gender





**Thank
You**

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